

# FIT Meeting

May 1, 2018

Minutes - DO/MBR



**Attending:** Brian Flones, Tim Shepard, Leslie Peterson, Shari Steele, Trisha Craig, Kristen Callison, Kory Kalahar, Mike Lane, Jan Bullock, Mark Helm, Liz Detamore, Monika Christensen, Michele Sandberg, Sunny Hemphill, Kris Cameron, Lori Wisemore, Doug Taylor, Rhonda Brender, Bill Eagle, Cyndy Valdez, Kathy Welch, Barb Larkin-Group Reporter

Brian thanked everyone for attending – good conversation last meeting – want to discuss next steps and finalize for the next Board meeting - where do we want the district to go in the short & long term to address Social Emotional Learning (SEL) and behavioral/mental health issues.

## 1. Continue Full Implementation of PBIS with integrity

- Recommendation will be to continue training in PBIS – paras appreciated the training and want more specific PBIS training...needs to happen.

## 2. Systemic Second Steps Curriculum Delivery

- What resources do principals need – Mike's research is on classroom events – Mark demonstrated a sample lesson he experimented with and discussed how to do it – should we do Mondays or September/October and reinforce the rest of the year?
- **High poverty LAP dollars** info will be shared with principals – district will direct use of some dollars and the rest will be at buildings - some money should be to hire a person with skills to work with Tier II & III kids and have community connections to resources for them – vision is for counselor relief to get them out of classroom second steps issues and spend their time in instruction, friendship groups, etc. – should contract this position since we're not sure we can support it – much discussion and questions – these dollars are based on 3 year average building F/R lunch students - above 50% will receive funding & below will not – several buildings are right at 50% but traditionally run a little above so we can't count on it for sustainable funding source – discussion followed about the issues affecting this...schools who may or may not receive it, the stigma attached at high school and forms that aren't turned in...that's the short term – the long term says you need to look at a K-12 system for all the way through and Mike's looking into that - Bill visited two schools who already have the program and positions are more like our Family Advocates – our goal is agency person to be with kids, drive them to appointments, etc. – much discussion about what's working for other districts, resources available in the valley and advantages to having an agency person in the building
- LAP dollars are a great way to experiment with ideas but we need a more solid systemic approach

## 3. Establish a district committee to determine next steps for a comprehensive, multi-tiered, district-wide SEL approach

- **Committee objectives:** how do we keep them going with sustainability - the challenges of schizophrenic kids who miss Mental Health appointments so MH doesn't see them often enough to witness their behaviors – we need to get them connected with the services they need – have a collaborative brainstorming meeting with directors of other local agencies - even with the resources involved these kids need a person in the building they can connect with daily to get them to appointments and whatever else they need – there's an advantage to having an agency person in the building since they're already connected within that system - if they're a district employee it's not the same access to resources – need teamwork with everyone
- Get this committee started this year with an initial meeting and set the stage going into fall for ideas - need a comprehensive approach to kids – much discussion on the best combination of members, size of the group, how to get them involved, what they will do, how they will operate
- People for the committee: counselor/classroom teacher/admin/paras each level/Sp. Ed./community agencies rep (representing all community agencies), parents(must have experience and be knowledgeable), Family Advocate, Mitcha, School Psychs, Psychologist, Interagency Reps, local NAMI chapter (support for those facing mental illness issues), Wenatchee Learns people who have background or interest - want mostly different people/voices on this committee due to the time we envision this taking – Mike could be the liaison between PBIS and this group – needs to be a manageable size group...not too big – this will not be full representation but a steering committee whose members go back to their grade level groups to bounce ideas off the larger group – Brian,

Mark & Kris will narrow this list down – maybe ask community agency reps to attend when the agenda is their area of expertise – relationships with these agencies have already been established through our counselor's interactions – we must have key community players – vision determines who you invite as members

- **Vision** is to get a clear & common understanding of SEL – start with the classroom, then building, then community - keep the steering committee as small as possible and they regularly report to their smaller groups and take that feedback to the steering committee as things come up...a work group & advisory group laying out objectives through the steering committee and send out in the minutes - then get other feedback and share with the Board through Mike's presentation
- Is the breadth & focus of this group how we can systemically keep these recommendations and initiatives going with integrity, fidelity, and group the types of services we need at the buildings, clearly understand roles & responsibilities before we add (the right) people and roles...are we missing anything - what will the new person be responsible for and be careful not to overload them
- Look at K-12 needs and desired brain development teacher training that's not what we currently have so they know how to respond to the kids in their classrooms – teachers need it and want it
- *Collaborative Academic Social Emotional Learning.org* is an organization that's been around since 1994 with models for K-12 where they've done this work – we should look at the evidence-based models already in place for who to hire and what organizational structure works best - how to plug it in to your district and integrate with current programs and counselors – it has over 25 evidence-based curriculums at schools around the world using the work of Daniel Goleman and his book *Emotional Intelligence* – this Social Worker type position/person needs to be very comfortable working with these high behavior kids
- Could a goal of this committee be to advocate from the state legislators for more sustainable funding for this type of training – teachers want & need de-escalation training to help them deal with these kids - they are frustrated, feel helpless, and need help – it would be good to provide this as a summer training for teachers before next fall start up
- Want to give the Board an update on the needs we see and how to prioritize moving forward...want to get the charge, objectives and timeline done
- If the RSN is still in place, they represent all local agencies and send out the contracts to the ones who provide services, so maybe they are the key contact (they've had many changes in the last 6 months)
- We need to be a Trauma Informed district - need Trauma Informed Training, videos, sensitive instruction, and books – if we're informed there are fewer Tier II & III issues – Kory K. has done lots of work with this
- We need systemic approaches...stop just putting out fires – how can we systemically create natural supports within our schools so kids can help each other as we help them
- School psychs are more involved in Tier III in terms of behavior, not Tier I – but teachers, paras, anyone more involved with these kids need to be in this group – staff working with the trauma kids who are barely getting by need to be part of this group or sub group
- Discussion followed about the work in prioritizing the district budget – how high should this be on the priority list, how big it really is, and how important this is to being able to educate kids – it's important to be Trauma Informed at Tier I...some feel it needs to be top priority – all Tiers are important and by the time we get to Tier III we need to have community connection's help

#### **4. Determine the representation and role of the committee**

- Objectives: larger groups and share the minutes/information out to everyone else
- Much discussion about who should be on the group and what groups should be represented
- Need to include committee resources who are trained in this work

#### **5. Establish a short-term timeline to get started in the fall of 2018**

- Discussed August training dates and what they will include – hope to have this be part of it